

# Lydiate Loop



## Independent Walk Routes

Your guide to great walks in Sefton



### Route directions

- › Start at Maghull Health Centre Stafford Moreton Way, Maghull L31 0DJ
- › With the health centre behind you walk down to Liverpool Road North, use the pedestrian crossing to cross over it then go right. Take the next left, you'll then see the canal and swing bridge ahead of you. Cross over the swing bridge and go sharp right onto the towpath alongside the canal.

### Take the Short Route

- › Walk along the towpath pass under the road bridge (Westway). When you reach Green Lane (1st swing bridge) turn left. Then left again onto Green Link. At the end of Green Link turn right and walk along The Round Meade and then right again onto Swalegate, until you come to a roundabout.
- › Go left here, then cross over Westway (main road) and continue onto Green Lane (2nd turn off the roundabout).
- › Take the next left (Shop Lane). At the top walk over the canal swing bridge, onto Liverpool Road, go right and cross at the pedestrian crossing, this will bring you back up to Maghull Health Centre.

### Take the Long Route

- › Walk along the towpath pass under the road bridge (Westway), cross over Green Lane (1st swing bridge), and back onto the towpath.
- › Pass over Maghull Brook and at Bells Lane (2nd swing bridge) turn left and walk past The Running Horses Pub. After the pub car park there is a footpath. Go left onto it, the path follows the edge of the field, it bends round to the right, continue on it until you reach the metal bridge, pass over the bridge and walk along the edge of the next field, through a small wooded area.
- › At the bottom of the footpath (St John Bosco and Green Park Schools are opposite) turn right. This is now Green Lane, take care as there is no pavement here, it curves round to the left and then right, finishing at a roundabout. At the roundabout, turn left and cross over Swalegate, Westway (main road) and continue onto Green Lane (3rd turn off the roundabout).
- › Take the next left (Shop Lane). At the top walk over the canal swing bridge, onto Liverpool Road, go right and cross at the pedestrian crossing, this will bring you back up to Maghull Health Centre.

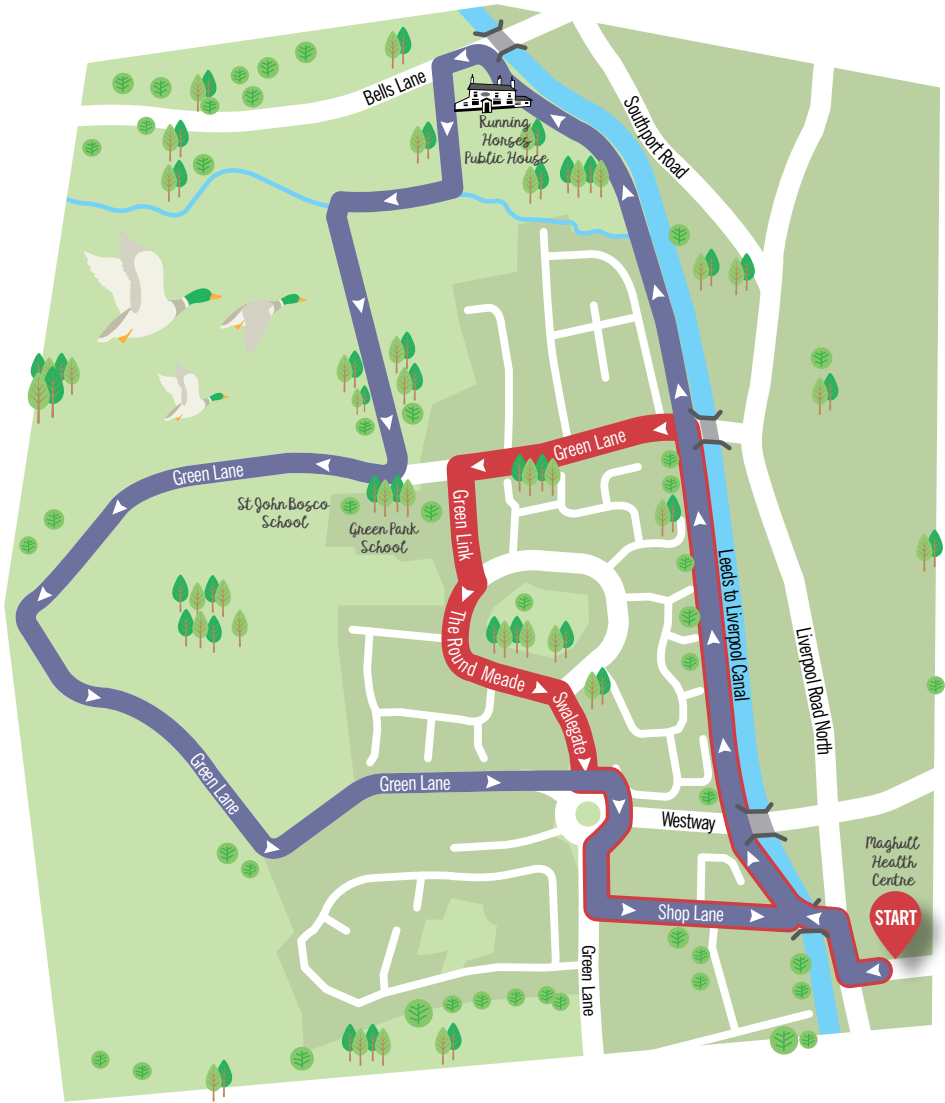


Sefton Council



active travel





## Route Information



This walk starts and finishes at the same location

**Short**

Walk Time: **30 mins** | Distance: **1.5 miles** | Steps: **3,500 approx** | Calories: **136 approx**

**Long**

Walk Time: **50 mins** | Distance: **2.8 miles** | Steps: **6,500 approx** | Calories: **255 approx**



For more info about our walks go to [activetravelsefton.co.uk](http://activetravelsefton.co.uk), email: [activetravel@sefton.gov.uk](mailto:activetravel@sefton.gov.uk) or call 0151 934 2824. Find us on [@SeftonTravel](https://www.instagram.com/SeftonTravel)