

Coastal Path Walk



Independent Walk Routes

Your guide to great walks in Sefton

HIGHTOWN TO FRESHFIELD



Route directions

- › Start at Hightown Train Station
Alt Road, Hightown L38 3RX
- › From the Liverpool to Southport side leave the station and go sharp right onto the road running parallel to the train track. Pass under a road bridge and up to Altcar Training Camp.
- › To the right of the training camp is a cycle/footpath, take this path. You'll pass over the River Alt via a metal bridge. Ahead of you is a fenced area marked 'No Entry', the path twists round to your right here, carry on until it eventually curves gently to the left.
- › After the left curve you'll pass over a wooden bridge and come to a fork in the paths with a wooden signpost. Take the path marked 'Cabin Hill' (straight ahead) onto a dirt path that leads between the training camp (to left) and farm fields (to right).
- › At the end of this path there is wooden fence and fork in the paths, go right here (St Luke's Church Road path). Follow this path until you reach a wide crossroads, ahead is a sign for Sefton Coastal Path. Take this sandy path (Range High School is to the right), which becomes stoney and then a tarmac road.
- › Carry on along the road and through the gateposts. Turn left onto Lifeboat Road, past the caravan park (to left). The road bends to right and entrance to Formby Beach is here. Walk through to the large car park (ahead and to the right). At the back of car park the paths begin. Follow the sign for Victoria Road and walk through a wooded area.
- › The path comes out at a crossroads, go straight on between the wooden posts (one reads 'No Horses') onto a sandy path. At the 'T' junction turn left and pass Jennings Sandfield Farm (Asparagus fields to right). After the Asparagus fields there are pinewoods. Turn right and walk along the path through the tall pines. At the next 'T' Junction turn left, this leads to a path with a log-wall, carry on along it until you reach the next signpost. Take the left path that cuts through the trees.
- › This brings you out at Formby Beach car park. Walk through the car park and head right towards the Squirrel Reserve, onto Victoria Road and up to Freshfield Train Station.



Sefton Council



active travel





Route Information



This walk starts and finishes at different locations



Walk Time: 100 mins | Distance: 5 miles | Steps: 11,500 approx | Calories: 455 approx



For more info about our walks go to activetravelsefton.co.uk, email: activetravel@sefton.gov.uk or call 0151 934 2824. Find us on @SeftonTravel