

# 6

## Palace Stroll



**Time of walk 30 mins - Distance 1.5 miles  
3,500 Steps approx. : 136 Calories approx.**

■ **Start at PALACE ROAD.**

- From Palace Road, walk along footpath between house Nos.38 and 40, onto Coastal Road, turn left and continue along footpath.
- Turn left at blue footpath sign and follow the footpath through a tunnel of trees onto Selworthy Road.
- Walk along Selworthy Road to the next corner and along the footpath which will lead you to the corner of Lancaster Road.
- Turn left into Lancaster Road and follow road until Waterloo Road.
- Take a sharp left into Oxford Road, cross Westbourne Road and return back to Palace Road.

# Palace Stroll

