

18 Rimrose Valley Ramble



**Time of walk 30 mins - Distance 1.5 miles
3,500 Steps approx. : 136 Calories approx.**

- **Start at COOKSONS BRIDGE.**
- From the front of the Cooksons Bridge Public House, turn left into Gorsey Lane. After a few metres turn left into Rimrose Valley Country Park.
- Follow the footpath into the park and look for the nature trail features along the footpath.
- Take the next footpath on the left and turn right onto the canal towpath.
- At the blue footbridge turn right. This will take you to the centre of Rimrose Valley Country park, turn right at the crossways, returning to Cooksons Bridge.

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