

# 14 Serpentine Saunter



**Time of walk 30 mins - Distance 1.5 miles  
3,500 Steps approx. : 136 Calories approx.**

- **Start at COASTGUARD STATION.**
- From the car park walk up the access road past the Coastguard Station, turn right along Burbo Bank Road North which leads onto The Serpentine.
- Follow The Serpentine until you come to Burbo Bank Road which leads off The Serpentine to the right.
- At the end of Burbo Bank Road turn right into Blundellsands Road, follow the footpath that will take you onto Crosby Promenade.
- Turn right onto Crosby Promenade and back to the Coastguard Station.

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