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Hightown Hike



**Time of walk 40 mins - Distance 2 miles
5,500 Steps approx. : 182 Calories approx.**

■ **Start at HIGHTOWN HOTEL.**

- From the front of Hightown Hotel, cross the footbridge over the railway straight on to Alt Road. Turn left on to Alt Road and cross over to Thirlmere Road, turning left into Windermere Road.
- Turn left into Grasmere Road, follow the footpath back to Alt Road. Cross over Alt Road carefully as this is a busy road and walk over the road bridge, continuing along Kerslake Way.
- At the roundabout, cross St. Stephens Road into Lower Alt Road and at the boat yard turn left onto the Sefton Coastal Footpath.
- Follow the Coastal Path to the Sailing Club, turn left and follow the footpath through Alton Close to Blundell Road.
- Turn left onto Blundell Road, which merges into School Road, back to the Hightown Hotel on the right.

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