



Cycle Shops:

- Hoppy's Cycling
0151 928 5435
- Crays Ltd
0151 526 9566
- College Cycles
0151 924 0689

- Off-road cycle track
- On-road signed cycle route
- Suggested cycle route
- On-road cycle lane / Bus lane
- Footpath-please walk
- Motorway / Major Road
- A road / B road
- Minor road (arrow indicates steep pointing down hill)
- Railway station (with name)
- Borough boundary

Locator Map

- A Southport
- B Formby
- C South Sefton

- Places of Interest:**
- 17 Rimrose Valley Country Park
 - 18 Crosby Marine Park & Lake
 - 19 Aintree Racecourse
 - 20 Anthony Gormley's Another Place
 - 21 Crosby Lakeside Adventure Centre

- Local centre shopping areas
- Bus station
- Pedestrian crossing
- Cycle crossing
- Cycle parking / Secure cycle storage
- H Hospital
- Sch Primary school
- Sch Secondary school (named)
- Library
- Post office
- Public convenience
- Leisure centre
- Tourist information centre
- One stop shop
- Freewheeling centres
- Cycle hire
- 810 562 National Cycle Network
- Level crossing

Cycling in Sefton

This map is for everyone, whether you cycle to and from work, as a leisure activity, for a sightseeing trip or as a means of getting around day to day. There are a range of different types of cycle routes in Sefton which are described in the key, they provide a linked up network for cyclists to help you make these journeys. The map also shows visitor attractions, local amenities, services and schools.

In addition to the map, a number of themed leisure routes have been developed. There are separate maps available for these new routes which let you discover a whole new side to Sefton. They are perfect for a day out with family and friends, copies are available by emailing cycling@sefton.gov.uk, or by ringing

0845 140 0845. They can also be downloaded from www.visitseftonandwestlancs.co.uk.

If you lack confidence when cycling or can't ride a bike, contact cycling@sefton.gov.uk for details of courses available.

To support leisure cycling in Sefton, West Lancs and across Merseyside, further routes and activities are available. For more information on local attractions, local days out and forthcoming events visit www.visitseftonandwestlancs.co.uk or www.LetsTravelWise.org.



Bikes and Trains

Bikes go free on Merseyside trains and ferries. Taking your bike on the train can help you cover longer distances or be part of a day out.

Many stations have cycle stands or free 'GoCycle' secure cycle storage. Secure means it's under cover, locked and covered by CCTV and makes it ideal for those who want to commute. You do, however, need to provide a good bike lock. To find out more and to sign up for secure cycle storage access visit www.merseyrail.org/planyourjourney

Cycle Hire

If you would like to cycle the routes in this guide, but don't have your own bike, why not hire one?

Cycle hire is available at various locations around Sefton. Bike and Go bicycles are also available to hire at some Merseyrail Stations. For prices and further information please visit www.visitseftonandwestlancs.co.uk or www.merseyrail.org/planyourjourney.

Freewheeling

For Sefton residents over 16, there are Freewheeling centres around the borough with a selection of ladies and gents bikes which are free to hire.

These centres provide access to bikes for residents who wish to participate in Sefton's cycling programmes. These programmes support residents to learn to ride, to increase their health and wellbeing and improve their confidence and road skills

Wheels for All adapted cycles – adapted cycles to cater for a range of needs. The Wheels for All centres in Sefton offer a wide range of cycles. For further information please contact cycling@sefton.gov.uk

Cycle Safety - Know Your Signs



Route for cyclists only: all other vehicles are prohibited including mopeds.



No motorised vehicles allowed: cycling is permitted.



No cycling: cycling is not permitted – dismount and walk.



Shared use path: can be used by cyclists as well as pedestrians - on such paths, cyclists must give way to pedestrians.



Segregated shared use path: cyclist and pedestrian areas are separated, usually by a raised white line or a kerb - cyclists should not use the pedestrian side.



With-flow cycle lane: other vehicles must not use this part of the carriageway except to pick up or set down passengers.



Contra flow - One way: motorised vehicles permitted one way. Cyclists permitted to travel both ways.



Cycle parking: always remember to keep your bike safe by securely locking it to a stand.

Useful Contacts

For cycling in Merseyside – TravelWise
www.LetsTravelWise.org/cycling
0151 330 1253

Cycling in Sefton - To help plan your journey download Sefton Travel mobile journey planning app available in iOS and Android.
cycling@sefton.gov.uk
0845 140 0845

For public transport information – Traveline
www.merseytravel.gov.uk
0151 236 7676

For cycle storage at railway stations – Merseyrail
www.merseyrail.org

For maps and cycling in West Lancashire
www.lancashire.gov.uk/cycling

Merseyside Cycling Campaign
www.mersecycle.org.uk

Sustrans – making smarter travel choices possible www.sustrans.org.uk
0845 113 0065

Trans Pennine Trail – The coast to coast route connecting Southport to Hornsea.
www.transpenninetrail.org.uk
01226 772574

Cyclists Touring Club
www.ctc.org.uk
0844 736 8450

Tourist Information for Sefton
www.visitsouthport.com
01704 533333



Although every effort has been made to ensure the accuracy of these maps, Sefton Council and Merseytravel cannot be held responsible for any errors or omissions. The identification of cycle routes on this map does not signify any rights or privileges for cyclists to use these routes.

This project is supported by the Department for Transport Local Sustainable Transport Fund.

contact Travelwise on 0151 330 7253 or www.LetsTravelWise.org/cycling

For:

- Free copies of maps covering Knowsley, Liverpool, St Helens and Wirral
- The latest cycle training and bike maintenance offers
- Messy-side-wide bike rides and events
- Hints and tips for confident, comfortable safer cycling

Cycling is great because it's...

- Fun and relaxing
- Door to door
- When you want it
- Easy exercise
- For the whole family
- Chapp travel
- Pollution free



Sefton
Cycle map

Cycling routes in and around the borough



TRAVELWISE
MERSEYSIDE

Sefton Council

